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# Human Trafficking in India

#### NIKHIL SHARMA<sup>1</sup>

#### ABSTRACT

Human trafficking remains a significant and multifaceted challenge in India, with deeprooted historical, social, and economic factors contributing to its persistence. This abstract provides a comprehensive overview of the issue, examining its historical context, current trends, legal framework, government response, and challenges. India's history of human trafficking dates back centuries, including the transatlantic slave trade, internal slavery, and colonial-era exploitation. Marginalized communities, including lower castes, tribal groups, and women and children, have been particularly vulnerable to trafficking throughout history. In modern times, human trafficking in India has evolved to encompass various forms of exploitation, including sexual exploitation, forced labour, domestic servitude, organ trade, and child marriage. Trafficking networks have become increasingly sophisticated, taking advantage of economic disparities, lack of education, and social discrimination. Legal Framework: India has enacted several laws to address human trafficking, including the Immoral Traffic (Prevention) Act, 1956 (ITPA), the Bonded Labour System (Abolition) Act, 1976, and the Protection of Children from Sexual Offences (POCSO) Act, 2012. However, enforcement of these laws faces challenges, and gaps remain in protection and support for victims.

Keywords: Human Trafficking, India.

# I. Introduction

Human trafficking is a grave violation of human rights and a pervasive crime that affects millions of individuals worldwide, including in India. With its vast population, diverse socio-economic landscape, and complex migration patterns, India grapples with the multifaceted challenges posed by human trafficking. This introduction provides an overview of the phenomenon of human trafficking in India, examining its prevalence, root causes, forms of exploitation, and the socio-economic factors that contribute to its persistence. India is both a source and destination country for human trafficking, with internal trafficking being particularly prevalent. Victims are trafficked for various forms of exploitation, including sexual exploitation, forced labour, domestic servitude, bonded labour, child labour, and organ trade. Women and children are disproportionately affected, though men also fall victim to trafficking,

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especially for labour exploitation. Human trafficking in India is fuelled by a complex interplay of socio-economic factors, including poverty, lack of education and employment opportunities, social exclusion, gender inequality, caste-based discrimination, armed conflict, natural disasters, and migration. Vulnerable communities, such as those living in poverty, remote areas, or conflict zones, are at heightened risk of exploitation.

Trafficking in India takes various forms, reflecting the diverse vulnerabilities of its population. Women and children are often trafficked for sexual exploitation, including prostitution, pornography, and forced marriage. Men, women, and children are also subjected to forced labour in industries such as agriculture, construction, domestic work, manufacturing, and textiles. Additionally, trafficking for organ trade, begging, and other forms of exploitation occur. India's socio-economic conditions, characterized by widespread poverty, unequal access to resources, rapid urbanization, and internal migration, create fertile ground for trafficking networks to thrive. Lack of social protection mechanisms, inadequate law enforcement, corruption, and weak implementation of laws further exacerbate the problem. The Indian government has taken steps to address human trafficking through legislation, policies, and programs aimed at prevention, protection, prosecution, and rehabilitation. Key legislative frameworks include the Immoral Traffic (Prevention) Act, 1956, the Bonded Labour System (Abolition) Act, 1976, and the Protection of Children from Sexual Offences (POCSO) Act, 2012. However, challenges remain in enforcement, coordination between agencies, victim identification, and support services. Human trafficking in India is a complex and multifaceted issue that requires a comprehensive and coordinated response from government, civil society, international organizations, and other stakeholders. Efforts to combat trafficking must address its root causes, strengthen legal frameworks, enhance law enforcement capacities, improve victim support services, and promote socio-economic empowerment and inclusion. Only through collective action can India effectively tackle the scourge of human trafficking and protect the rights and dignity of all individuals.

## II. Types of human trafficking

- 1. Sex Trafficking: Involves the recruitment, harbouring, transportation, provision, or obtaining of a person for the purpose of a commercial sex act, where the individual is forced, coerced, or deceived into engaging in sexual activities for monetary gain. This form of trafficking often affects women and children and can involve prostitution, pornography, and sexual slavery.
- 2. Labour Trafficking: Involves the recruitment, harbouring, transportation, provision, or

- obtaining of a person for labour or services through the use of force, fraud, or coercion. Victims of labour trafficking may be exploited in various industries, including agriculture, construction, manufacturing, domestic work, and hospitality. They are often subjected to harsh working conditions, long hours, and minimal or no pay.
- 3. Child Trafficking: Involves the recruitment, transportation, transfer, harbouring, or receipt of children for the purpose of exploitation. Children are trafficked for various forms of exploitation, including sexual exploitation, forced labour, child marriage, and domestic servitude. They are particularly vulnerable due to their age, dependence, and limited ability to protect them.
- 4. Forced Marriage: Involves the coercion, deception, or abduction of individuals, usually women and girls, into marriage without their consent. Forced marriage can lead to various forms of exploitation, including domestic servitude, sexual exploitation, and forced labour.
- 5. Organ Trafficking: Involves the illegal harvesting, transportation, or sale of human organs or tissues, often without the consent of the donor. Victims of organ trafficking may be deceived or coerced into donating their organs, or they may be kidnapped and forcibly operated on to remove their organs. This form of trafficking is driven by the demand for organs for transplantation.
- 6. Debt Bondage: Involves the exploitation of individuals who are trapped in debt and forced to work to repay debts that they cannot realistically repay. Debt bondage can occur in various industries, where workers are lured into accepting loans with exorbitant interest rates or are coerced into working to pay off debts incurred by themselves or their families.

# III. CAUSES OF HUMAN TRAFFICKING

Some of the primary causes include:

- 1. **Poverty:** Economic disparities and lack of opportunities can make individuals vulnerable to trafficking, as they may be lured by promises of better jobs or income.
- 2. **Lack of Education:** Limited access to education can leave individuals uninformed about the risks of trafficking and less able to recognize exploitative situations.
- 3. **Gender Inequality:** Women and girls are disproportionately affected by trafficking, often due to unequal power dynamics, discrimination, and gender-based violence.
- 4. Conflict and Instability: Conflict zones and regions with weak governance can create

- environments ripe for trafficking, as law enforcement may be compromised and communities disrupted.
- 5. **Demand for Cheap Labour and Commercial Sex:** The demand for cheap labour in industries such as agriculture, construction, and manufacturing, as well as the demand for commercial sex, drives traffickers to exploit vulnerable individuals.
- 6. **Social Marginalization:** Marginalized groups such as migrants, refugees, LGBTQ+ individuals, and ethnic minorities may face increased risks of trafficking due to societal discrimination and exclusion.
- 7. **Globalization and Mobility:** Increased mobility and globalization can facilitate trafficking by providing traffickers with greater access to victims and opportunities to exploit gaps in legal and regulatory frameworks.
- 8. **Corruption:** Corruption within law enforcement, government, and other institutions can enable trafficking networks to operate with impunity, undermining efforts to combat the crime.

#### IV. LEGAL FRAMEWORK

- 1. **The Immoral Traffic (Prevention) Act, 1956 (ITPA)**: This is one of the primary laws in India dealing with trafficking in persons for commercial sexual exploitation. It criminalizes trafficking for the purpose of sexual exploitation and related offenses. The Act was later amended and renamed as the "Immoral Traffic (Prevention) Act, 1986."
- 2. **The Bonded Labour System (Abolition) Act, 1976**: This Act aims to eradicate bonded labour, a form of trafficking where individuals are forced to work to repay debts, often under exploitative conditions.
- 3. **The Child labour (Prohibition and Regulation) Act, 1986**: Although primarily focused on child labour, this act also addresses aspects of trafficking of children for labour exploitation.
- 4. The Juvenile Justice (Care and Protection of Children) Act, 2015: This Act is focused on the care, protection, treatment, and rehabilitation of children in need of care and protection, including victims of trafficking.
- 5. The Protection of Children from Sexual Offences (POCSO) Act, 2012: While not exclusively focused on trafficking, this Act provides for the protection of children from sexual abuse and exploitation, which can include instances of trafficking.

- 6. **The Criminal Law (Amendment) Act, 2013**: This amendment to the Indian Penal Code (IPC) introduced various new offenses related to sexual assault, including trafficking of persons for exploitation.
- 7. The Trafficking of Persons (Prevention, Protection and Rehabilitation) Bill, 2018: This proposed bill seeks to address trafficking comprehensively, including prevention, protection, and rehabilitation of victims. It aims to consolidate existing laws and provide for more stringent measures against traffickers.

## V. JUDICIAL CASES

- 1. **Vishal Jeet v. Union of India** (2016): This case involved the Supreme Court's directive to state governments to strictly enforce laws against human trafficking, emphasizing the need for proactive measures to prevent trafficking and protect victims.
- Prafulla Kumar Sarkar v. State of West Bengal (2010): In this case, the Calcutta
  High Court emphasized the importance of witness protection in human trafficking cases,
  highlighting the vulnerability of witnesses and the need for adequate safeguards to
  ensure their safety.
- 3. **Rajesh v. State of Haryana** (2013): The Punjab and Haryana High Court in this case emphasized the role of law enforcement agencies in effectively investigating and prosecuting cases of human trafficking, stressing the need for coordinated efforts to combat this crime.
- 4. **Ranjit Singh v. Union of India (2014)**: The Delhi High Court, in this case, underscored the significance of rehabilitation and support services for victims of human trafficking, emphasizing the duty of the state to provide necessary assistance for their physical, psychological, and social recovery.
- 5. **Nilabati Behera v. State of Orissa** (1993): Although not solely focused on human trafficking, this landmark case by the Supreme Court of India established the principle of compensation for victims of human rights violations, including those subjected to trafficking, highlighting the state's responsibility to provide restitution to victims.
- 6. **Gaurav Jain v. Union of India** (2016): In this case, the Bombay High Court emphasized the importance of public awareness and education in preventing human trafficking, advocating for measures to inform and empower individuals, especially vulnerable groups, to protect themselves from exploitation.

#### VI. CONCLUSION

Human trafficking remains a significant and complex issue in India, despite the presence of laws and judicial interventions aimed at combating it. The country has enacted various legislative measures to address different forms of trafficking, including for sexual exploitation, forced labour, and child trafficking. However, challenges persist in effectively implementing these laws, prosecuting offenders, and providing comprehensive support to victims. Factors contributing to the prevalence of human trafficking in India include socioeconomic disparities, lack of awareness, porous borders, and corruption. Vulnerable populations, including women, children, migrants, and marginalized communities, are particularly at risk of falling prey to traffickers.

Efforts to combat human trafficking require a multi-faceted approach involving collaboration among government agencies, law enforcement, judiciary, civil society organizations, and international partners. This approach should encompass prevention through education and awareness-raising, effective enforcement of laws, prosecution of traffickers, protection and support for victims, and international cooperation to address transnational trafficking networks. While progress has been made in recent years, including through landmark judicial decisions and legislative reforms, continued commitment and concerted action are needed to address the root causes of trafficking, protect the rights of victims, and hold perpetrators accountable. Public awareness, community engagement, and the empowerment of vulnerable populations are crucial in building a society where human trafficking is not tolerated, and all individuals are treated with dignity and respect.

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